Gluten	Soya	Peanuts	Nuts	Sesame	Lupin	Milk	Eggs	Sulphites	Celery	Mustard	Fish	Molluscs	Crustacean
Mand	atory a	llergen	s conta	ins:									
✓	✓	✓	✓	z		✓	✓	✓	✓	z			
Key													
✓	Listed in ingredients												
z	May contain traces												

Product Name: Alfonso The Grape 75cl (13% ABV)

Ingredients: N/A

Allergens: Contains SULPHITES.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	N/A
Energy (kcal):	N/A
Fat (g):	N/A
Fat of which saturates (g):	N/A
Carbohydrate (g):	N/A
Carbohydrate of which sugars (g):	N/A
Protein (g):	N/A
Salt (g):	N/A

Product Name: Prosecco Spum DOC Accademia 75cl (11% ABV)

Ingredients: N/A

Allergens: Contains SULPHITES.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	N/A
Energy (kcal):	N/A
Fat (g):	N/A
Fat of which saturates (g):	N/A
Carbohydrate (g):	N/A
Carbohydrate of which sugars (g):	N/A
Protein (g):	N/A
Salt (g):	N/A

Product Name: Hebridean Baker Heather Honey Shortbread 150g



Ingredients: WHEAT Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Margarine (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: E475, Colour: E100; E160b, Flavourings), Butter (**MILK**), Sugar, Rice Flour, Scottish Heather Honey (5.5%), Blossom Honey (5.5%).

Allergens: For allergens, see ingredients in CAPITALS. May contain CELERY, EGGS, MUSTARD, NUTS, SESAME, SOYA.

Storage: Once opened, store in an airtight container in a cool, dry place.

Typical Value per 100g

Energy (kj):	2220
Energy (kcal):	531
Fat (g):	29.4
Fat of which saturates (g):	13.4
Carbohydrate (g):	60.7
Carbohydrate of which sugars (g):	17.3
Protein (g):	5.1
Salt (g):	0.7

Product Name: Joe & Seph's Chocolate Fudge Cake Popcorn 30g

Ingredients: Corn, Sugar, Butter (MILK), Biscuits (60%), (WHEAT Flour (WHEAT Flour (13%), Calcium, Iron, Niacin, Thiamin)), Cream Cheese Powder (6%) (MILK), Glucose Syrup, Dark Chocolate (4.5%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring), Whipping Cream (MILK)(4.6%), Evaporated MILK (Whole MILK Stabiliser (Sodium Phosphates) Vitamin D). Minimum 9% MILK Fat, 22% MILK Solids Not Fat), Cocoa Powder, Vanilla Powder, Salt.

Allergens: For allergens, see ingredients in CAPITALS. Made in an environment where NUTS, PEANUTS and SESAME SEEDS are present.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	1912
Energy (kcal):	457
Fat (g):	25.1
Fat of which saturates (g):	15.2
Carbohydrate (g):	56.3
Carbohydrate of which sugars (g):	33.8
Protein (g):	5.I
Salt (g):	1.18

Product Name: Buiteman Sun Dried Tomato Biscuits 75g

Ingredients: WHEAT Flour (**GLUTEN**), Vegetable Oils (Rapeseed, Palm), Double Gloucester Cheese 12% (**MILK**, Potato Starch, Salt, Starter Culture, Vegetarian Rennet, Colour: E160b(ii)), Sun Dried Tomato 5%, Barn **EGG**, Yeast, Salt, Dried **MILK**, Tomato Powder, Sugar, Sunflower Oil, Herbs (Contain **CELERY**), Spices, Onion Powder, Vinegar, Emulsifier: E471, Yeast Extract, Acidity Regulator: Citric Acid, Antioxidant: Ascorbic Acid, Natural Flavouring.

Allergens: For allergens, see ingredients in CAPITALS. May contain traces of NUTS, SESAME and SOYA.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	2268
Energy (kcal):	544
Fat (g):	34
Fat of which saturates (g):	12
Carbohydrate (g):	46
Carbohydrate of which sugars (g):	1.2
Protein (g):	11
Salt (g):	2.7

Product Name: Grandma Wild's 4 Traditional Mince Pies

Ingredients: Mincemeat (55%) [Sugar, Vine Fruits (28%) (Sunflower Oil), Apple Puree (Preservative: Acetic Acid), Candied Mixed Peel (4%) (Orange Peel, Glucose Fructose Syrup, Sugar, Lemon Peel, Acidity Regulator: Citric Acid), Water, Vegetable Suet (Palm Oil, Rice Flour, Sunflower Oil) Humectant: Vegetable Glycerine, Modified Maize Starch, Mixed Spice, Roast **BARLEY** Malt Extract, Salt, Lemon Oil], **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oil (Palm, Rapeseed, Water, Salt, Natural Flavouring), Sugar, Maize Starch, Invert Sugar Syrup.

Allergens: For allergens, see ingredients in CAPITALS. Not suitable for NUT and SESAME allergy sufferers: may also contain EGG, MILK, MUSTARD, SOYA, PEANUT and other GLUTEN sources (OAT, SPELT, RYE).

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	1679
Energy (kcal):	399
Fat (g):	15
Fat of which saturates (g):	6
Carbohydrate (g):	64
Carbohydrate of which sugars (g):	36
Protein (g):	2.8
Salt (g):	0.18

Product Name: Elizabeth Shaw Fruit & Nut Biscuits 140g

Ingredients: Milk Chocolate (35.5%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Cocoa Mass, Vegetable Fats: (Palm, Shea, in Varying Proportions); Whey Powder (**MILK**), Emulsifiers: **SOYA** Lecithin, Polyglycerol Polyricinoleate; Flavouring), **WHEAT** Flour, Sugar, Glucose Syrup, Invert Sugar Syrup, Grain Crisps (6.3%) (Rice Flour, **WHEAT** Flour, Corn Flour, Sugar, **BARLEY** Malt Extract, Salt), Palm Fat, Currants (3.3%), **HAZELNUTS** (3.3%), Whole **MILK** Powder, Butter (**MILK**), Humectant: Sorbitol Syrup; **BARLEY** Malt Extract, Starch, Whey Powder (**MILK**), Salt, Emulsifiers: **SOYA** Lecithin, Mono and Diglycerides of Fatty Acids; Raising Agents: Ammonium Carbonate, Sodium Carbonate, Diphosphates;. Flavouring.

Allergens: For allergens, see ingredients in CAPITALS. May also contain PEANUTS and other NUTS

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	1990
Energy (kcal):	476
Fat (g):	22
Fat of which saturates (g):	11
Carbohydrate (g):	61
Carbohydrate of which sugars (g):	51

Protein (g):	5.7
Salt (g):	0.51

Product Name: Buttermilk Irish Cream Fudge 100g

Ingredients: Sugar, Sweetened Condensed **MILK** (Whole **MILK**, Sugar), Salted Butter (**MILK**, Salt), Golden Syrup, Glucose Syrup, Irish Cream Liqueur (1%) (**MILK**), Natural Irish Cream Flavouring, Salt.

Allergens: For allergens, see ingredients in CAPITALS. Made in a factory that uses PEANUTS, NUTS and SOYA.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	1705
Energy (kcal):	405
Fat (g):	11.6
Fat of which saturates (g):	7.3
Carbohydrate (g):	73.6
Carbohydrate of which sugars (g):	70.9
Protein (g):	1.3
Salt (g):	0.52

Product Name: Cambrook Baked Mixed Nuts with Dark Chocolate Cranberries 65g

Ingredients: PEANUTS (31%), CASHEWS (25%), ALMONDS (25%), Dark Chocolate Cranberries (19%): Dark Chocolate (Cocoa Mass, Sugar, Cocoa Powder, Cocoa Butter, Emulsifier: Sunflower Lecithin, Natural Flavouring), Cranberries, Apple Juice Concentrate), Glazing Agent: Gum Arabic. Sunflower Oil, Salt.

Allergens: For allergens, see ingredients in CAPITALS. May contain various other NUTS and SESAME.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	2421
Energy (kcal):	584
Fat (g):	48
Fat of which saturates (g):	9.3
Carbohydrate (g):	18.7
Carbohydrate of which sugars (g):	12
Protein (g):	18.8
Salt (g):	0.2

Product Name: Brown Bag Smoked Bacon Crisps 150g

Ingredients: Potatoes, Sunflower Oil, Seasoning (8%) (Lactose (**MILK**), Oak Smoked Sugar, Yeast Extract, Rice Flour, Salt, Sugar, Cooked Dried Bacon (Pork Meat, Curing Ingredients: Salt, Sodium Nitrate E251, Sodium Nitrate E250, Sodium Ascorbate, E301, Antioxidant: Rosemary Extract 0.1%), Flavouring, Paprika Extract, Acidity Regulator: Citric Acid).

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Store in an ambient condition.

Typical Value per 100g

Energy (kj):	2082
Energy (kcal):	498
Fat (g):	26.7
Fat of which saturates (g):	2.3
Carbohydrate (g):	58.7
Carbohydrate of which sugars (g):	3.9
Protein (g):	5.6
Salt (g):	1.7

Product Name: Excelcium Pralines 180g

Ingredients: Sugar, **WHEAT** Starch, Whole **SOY** Flour, Glucose Syrup, Cocoa Butter, Palm Fat, Cocoa Mass, Glucose-fructose Syrup, Whole **MILK** Powder, **MILK** Sugar, Dextrose, **PEANUTS** 2%, **HAZELNUTS** 0.6%, Emulsifier: Lecithin, Humectant: Invertase, **SOY** Oil, Caramel Sugar Syrup, Orange Peel 0.2%, Rice Flour, Flavourings: Orange, Vanillin, Apricot, Amaretto, Toffee, Vanilla, **HAZELNUT** and Cream (**MILK**), Salt, Acid: Citric Acid.

Allergens: For allergens, see ingredients in CAPITALS. May contain traces of EGG and other NUTS.

Storage: Store in a cool, dry place.

Typical Value per 100g

Energy (kj):	1970
Energy (kcal):	472
Fat (g):	21
Fat of which saturates (g):	11
Carbohydrate (g):	63
Carbohydrate of which sugars (g):	47
Protein (g):	6.2
Salt (g):	0.08

Product Name: The Kindness Bakery Ploughmans Oatcake Bites 175g

Ingredients: Oatmeal (48%) **WHEAT** Flour (**WHEAT** Flour, **WHEAT** Gluten, Calcium Carbonate, Iron, Niacin, Thiamin), Cheddar Cheese (13%) (**MILK**), Rapeseed Oil, Sweet Pickle (5%) [Vegetables in Variable Proportions (54%) (Carrot, Rutabaga, Onion, Cauliflower, Marrow, Gherkin). Sugar, **BARLEY** Malt Vinegar, Water, Spirit Vinegar, Modified Maize Starch, Date Paste: (Dates, Rice Flour), Apple Pulp (Apple Preservative: Sodium Metabisulphite), Salt, Tomato Paste, Dried Spices, Lemon Juice Concentrate, Onion Powder, Colour (**SULPHITE** Ammonia Carmel), Flavouring], Sugar, Salt, Raising Agents (Monocalcium Phosphate, Potassium Hydrogen Carbonate, Calcium Carbonate).

Allergens: For allergens, see ingredients in CAPITALS. May also contain EGG and SOYA.

Storage: Store in a cool, dry place out of direct sunlight. Once opened, the product should be kept in an airtight container.

Typical Value per 100g

Energy (kj):	1782
Energy (kcal):	428
Fat (g):	21.4
Fat of which saturates (g):	4.6
Carbohydrate (g):	47.2
Carbohydrate of which sugars (g):	4.7
Protein (g):	11.5
Salt (g):	2.1

