

MINT HERBAL INFUSION

Ingredients: 100% Mint leaves (peppermint, spearmint & apple mint)

Typical nutritional values per 100ml infusion

Energy	8 kJ	2 kcal
Fat	0g	
of which saturates	0g	
Carbohydrate	0.6g	
of which sugars	0.2g	
Protein	0.1g	
Salt	0g	

RASPBERRY AND POMEGRANATE FLAVOURED INFUSION

Ingredients: Hibiscus, apple, liquorice root, flavouring, rosehips, chicory root, acidity regulator (citric acid), elderberries, orange peel, pomegranate juice granules (2%), raspberries (2%), natural orange flavouring

Typical nutritional values per 100ml infusion

Energy	8 kJ	2 kcal
Fat	0g	
of which saturates	0g	
Carbohydrate	0.6g	
of which sugars	0.2g	
Protein	0.1g	
Salt	0g	

PURE GREEN TEA

Ingredients: 100% Green tea

Typical nutritional values per 100ml infusion

Energy	4 kJ	1 kcal
Fat	0g	
of which saturates	0g	
Carbohydrate	0.3g	
of which sugars	0g	
Protein	0g	
Salt	0g	

FLAVOURED BLACK TEA

Ingredients:

Black tea (93%), flavouring (7%)

Typical nutritional values per 100ml infusion

Energy	4 kJ	1 kcal
Fat	0g	
of which saturates	0g	
Carbohydrate	0.3g	
of which sugars	0g	
Protein	0g	
Salt	0g	

LEMON FLAVOURED GREEN TEA

Ingredients: Green tea (93%),
natural lemon flavouring with
other natural flavourings (7%)

Typical nutritional values per 100ml infusion

Energy	4 kJ	1 kcal
Fat	0g	
of which saturates	0g	
Carbohydrate	0.3g	
of which sugars	0g	
Protein	0g	
Salt	0g	

DECAFFEINATED BLACK TEA

Ingredients:

Decaffeinated black tea

*Decaffeinated to 0.2%

Typical nutritional values per 100ml infusion

Energy	4 kJ	1 kcal
Fat	0g	
of which saturates	0g	
Carbohydrate	0.3g	
of which sugars	0g	
Protein	0g	
Salt	0g	

LEMON & GINGER HERBAL INFUSION

Ingredients: Ginger root (65%),
lemon grass, lemon peel (5%),
liquorice root

Typical nutritional values per 100ml infusion

Energy	8 kJ	2 kcal
Fat	0g	
of which saturates	0g	
Carbohydrate	0.6g	
of which sugars	0.2g	
Protein	0.1g	
Salt	0g	